

# J. Sidney Alexander, MD

American Board of Psychiatry and Neurology  
Medicolegal and Forensic Expert

[www.southeastforensicmd.com](http://www.southeastforensicmd.com)

9111 Cross Park Drive, Suite D-200, Knoxville, TN 37923  
Phone) 865-470-4206 Fax) 865-470-4217

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## CURRICULUM VITAE

June 15, 2020

Dr. Alexander has provided Medicolegal and Forensic Psychiatric Expert Witness opinions and/or testimony in Tennessee, Delaware, Kentucky, Georgia, Alabama, and Ohio. He has consulted in civil and criminal matters; including murder vs. suicide cases, malpractice defense and plaintiff cases, and cases involving Encephalopathy, stroke, brain injuries, developmental disabilities, Workers' Compensation, personal injury, competency, mental state at the time of offense, marital/divorce, child custody, commitment evaluations and decision-making related to Guilty by Reason of Insanity. His expert opinions and consultations have been used in jury selection for both plaintiff and defense cases.

Dr. Alexander provides Expert Opinions, Independent Psychiatric Evaluations, General Hospital Consultations, Record Reviews, as well as Fitness for Duty Evaluations.

Dr. Alexander's many years of varied clinical experience and 12 years as a full-time Medical Director has provided him an excellent panoramic view of psychiatry and neuropsychiatry, with significant knowledge in the field of neurology and internal medicine, hospital and healthcare organization structure and function, medical malpractice, and almost every aspect of psychiatric evaluation, diagnosis and treatment.

Dr. Alexander has expert knowledge of the evaluation, diagnosis and treatment of Encephalopathy and Delirium, and has provided education on these critical diagnoses, to two medical staffs, regional ICU nurses, administration, and numerous other doctors and nurses. Encephalopathy is an often-missed diagnosis, with need for urgent care, which can lead to cognitive deficits and death; it is characterized by prominent mental status and neurological manifestations, and caused by medical and surgical illnesses/surgeries, and found in patients in every field of medicine and in any location.

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| <b><i>Education:</i></b> |
|--------------------------|

### **Undergraduate:**

**University of Tennessee**  
Knoxville, TN  
Bachelor of Arts  
Major in Biology and Zoology  
Minor in Biochemistry  
Graduated June, 1980

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## Medical School:

**University of Tennessee Center for the Health Sciences**  
Memphis, TN  
Medical Doctor  
Graduated June 1984

## Residency in Psychiatry:

**University of Alabama, Birmingham**  
Birmingham, AL  
Graduated June 1988

## **Medical Licensure:**

**Tennessee** September 29, 1988 – present  
**Alabama** August 26, 1985 – 1988 (Did not renew after moving)

## **Certifications:**

**American Board of Psychiatry and Neurology, April 1991** – indefinite  
Forensic - State of Tennessee, 1991 – 1996 and 1999 – 2006  
Forensic - State of Alabama, 1985 – 1988

## **Chronologic Work History, (note that many occur simultaneously):**

### **Group Private Practice**

Knoxville, TN  
Tennessee Psychiatry and Psychopharmacology Clinic  
July 1, 1988 – January 31, 1991

### **Medical Director**

Knoxville, TN  
Lakeshore Mental Health Institute  
February 1, 1991 – June 23, 1996  
April 1, 1998 – July 9, 2004

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## **Private Psychotherapy and Psychopharmacology Practice**

Knoxville, TN  
The Northshore Group  
February 1, 1991 – September 20, 1994

## **Psychiatric Medical Director**

Knoxville, TN  
Care Plus Home Health Agency  
1992 – 1997

## **Psychiatric Consultation**

Knoxville, TN  
University of Tennessee Behavioral Health  
December 1994 – September 1995

## **Psychiatric Consultation**

Knoxville, TN  
Sunrise Community of Tennessee  
A Developmental Disabilities Provider organization  
April 1, 1996 – October 12, 1999  
July 1, 2005 – June 30, 2007

## **Private Psychotherapy and Psychopharmacology Practice**

Knoxville, TN  
Clinical Psychology and Psychotherapy Associates  
June 24, 1996 – April 30, 1998

## **Psychiatric Consultation**

Knoxville, TN  
Peninsula Lighthouse  
Addiction Treatment, Psychopharmacology, Psychotherapy  
June 24, 1996 – April 30, 1998

## **Forensic Psychiatry and Expert Witness Psychiatry Practice**

Knoxville, TN  
July 1997 – present

## **Psychiatric Consultation**

Knoxville, TN  
Mentor of Knoxville, TN  
A Developmental Disabilities Provider organization  
January 2, 1997 – October 12, 1999

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## **Inpatient Psychiatry**

Knoxville, TN  
Peninsula Hospital  
February 1, 1997 – June 30, 1997

## **Psychiatric Consultation**

Knoxville, TN  
Reflections Treatment Agency  
An Adolescent Sexual Offender program  
September 1, 1997 – April 30, 1999

## **Psychiatric Consultation**

Alcoa, TN  
D and S Residential  
A Developmental Disabilities Provider Organization  
March 2002 – February 2007

## **Psychiatric Consultant to Childhelp USA**

Knoxville, TN  
March 2004 – February 2006

## **Private Practice**

Knoxville, TN  
General Hospital Consultation at Fort Sanders Regional Medical Center, Patricia Neal Rehabilitation Center, Methodist Medical Center and University of Tennessee Regional Medical Center  
Outpatient Office Practice, closed in 2016  
9111 Cross Park Drive, Suite D-200  
July 2004 – present

## **Psychiatric Consultation**

Knoxville, TN  
Fort Sanders Regional Medical Center  
The Patricia Neal Rehabilitation Center  
July 12, 2004 – present

## **Psychiatric Consultation**

Knoxville, TN  
University of Tennessee Medical Center  
March 15, 2005 – December 2006

## **Teaching and Supervision of Psychiatric Nurse Practitioners**

Knoxville, TN  
Beginning spring of 2005

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## **Psychiatric Consultation**

Oak Ridge, TN  
Methodist Medical Center  
October 2006 – October 2018

## **Medical Student Preceptor**

Knoxville, TN  
Lincoln Memorial University - DeBusk College of Osteopathic  
Medicine  
May 2017 – October 2018

## ***Hospital Appointments:***

### **Fort Sanders Regional Medical Center**

Knoxville, TN  
July 1988 – January 1991, June 1996 – June 1998, and July 2004 – present

### **Park West Medical Center**

Knoxville, TN  
July 1988 – 1994 and June 1996 – June 1998

### **East Tennessee Baptist Medical Center**

Knoxville, TN  
July 1988 – June 1991

### **Peninsula Hospital**

Knoxville, TN  
June 1996 – June 1998

### **St. Mary's Medical Center**

Knoxville, TN  
July 1988 – June 1991

### **University of Tennessee Memorial Research Center and Hospital**

Knoxville, TN  
July 1988 – June 1991, and March 2005 – January 2007

### **Lakeshore Mental Health Institute**

Knoxville, TN  
February 1991 – 2005

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## **Methodist Medical Center**

Oak Ridge, TN  
September 2006 – present

## ***Hospital Committees:***

### **St. Mary's Medical Center**

Knoxville, TN

#### **Pharmacy and Therapeutics Committee**

Member, January 1989 – February 1991

### **Lakeshore Mental Health Institute**

Knoxville, TN

#### **Hospital Executive Committee**

Member, February 1991 – June 1996 and April 1998 – July 9, 2004

#### **Joint Commission Conference Committee**

Member, February 1991 – June 1996 and April 1998 – July 9, 2004

#### **Executive Clinical Management Team**

Member, February 1991 – June 1996 and April 1998 – July 9, 2004

#### **Executive Medical Staff**

**Chair**, February 1991 – June 1996 and April 1998 – July 9, 2004

#### **Physicians' Peer Review Committee**

**Chair**, February 1991 – June 1996 and April 1998 – July 9, 2004

#### **Mortality Review Committee**

**Chair**, February 1991 – June 1996 and April 1998 – April 2001

Member, May 2001 – July 9, 2004

#### **Treatment Review Committee**

**Chair**, February 1991 – June 1996 and April 1998 – July 9, 2004

#### **Pharmacy and Therapeutics Committee**

**Chair/Member**, February 1991 – June 1996 and April 1998 – July 9, 2004

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## **Medical Records Committee**

**Chair**, February 1991 – August 1991  
Member, September 1991 – June 1996,  
**Chair**, April 1998 – July 9, 2004

## **Quality Improvement Committee**

**Chair**, February 1991 – June 1996  
Member, April 1998 – July 9, 2004

## **Continuing Medical Education Committee**

**Chair/Member**, February 1991 – June 1996 and April 1998 – July 9, 2004

## **Professional Advisory Committee for Clinical Pastoral Education**

Member, February 1991 – June 1996

## **Utilization Management Committee**

**Chair**, October 1991 – June 1996 and April 1998 – July 9, 2004

## **Policy and Procedure Committee**

Member, October 1991 – June 1996 and April 1998 – July 9, 2004

## **Tennessee Department of Mental Health and Developmental Disabilities**

Nashville, TN

### **Executive Committee**

Member, February 1991 – June 1996 and April 1998 – July 9, 2004

### **Medical Directors Committee**

Member, February 1991 – June 1996 and April 1998 – July 9, 2004

### **Staffing Standards Committee**

Member of a group designing the functional number of staff members needed at each Mental Health Institute, July, 1993

### **Building Committee**

Member of a group determining the physical structure of the building of the new Middle Tennessee Mental Health Institute in Nashville, TN, 1993

### **Computerized Clinical Chart for Statewide Use**

**Lead Physician**, 1999 – 2004

## **Covenant Health and Behavioral Health Councils**

Knoxville, TN

Member, March 2005 – present

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## **Fort Sanders Regional Medical Center**

Knoxville, TN

### **Physicians' Wellness Committee Chairman**

April 2006 – present

### **Computerized Physician Order Entry Committee**

Member, April 2011 – present

## **Methodist Medical Center**

Oak Ridge, TN

### **Computerized Physician Order Entry Committee**

Member, April 2011 – present

## **Covenant Health System**

Knoxville, TN

### **Electronic Medical Record Consultant to the Clinical Content Advisory Group**

March 2016 – present

## ***Presentations, Lectures and Participation:***

- “Mental Status Exam” and Schizophrenia” lectures presented to Surgery Assistant Students at University of Alabama in Birmingham, February, 1986
- “Depression” lecture presented to Family Practice Physicians, Newport, TN, February, 1989
- “Coping with Stress” lecture to Transcriptionists at St. Mary’s Medical Center, Knoxville, TN, 1990
- Taught a weekly class for psychiatric inpatients at Park West Medical Center, Knoxville, TN 1990 – 1991
- “Pros and Cons of a Free Pharmacy”, Panel, United Way Interagency Council, Knoxville, TN, 1991

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- “Principles of Public-Private Psychiatric Collaboration”, Round Table Discussion regarding initiating a psychiatric residency program, with Lakeshore Mental Health Institute, the University of Tennessee Medical Center, Helen Ross McNabb Foundation and St. Mary’s Medical Center, Knoxville, TN, March 1991
- “Neuroleptic Malignant Syndrome” lecture, Continuing Medical Education, Lakeshore Mental Health Institute, Knoxville, TN, April 1991
- “Major Psychiatric Disorders” lecture, Medical Ethics Students, Lakeshore Mental Health Institute, Knoxville, TN, May and June 1991
- American Psychiatric Association, State/University Collaboration Project, Organizer and Moderator of a Round Table Discussion with representatives from each psychiatric facility in Knoxville, to evaluate the possibility of developing a psychiatric residency program with Lakeshore Mental Health Institute and the University of Tennessee School of Graduate Medicine, Knoxville, TN, September 23 and 24, 1991
- “Present and Future of Lakeshore Mental Health Institute” lecture, Smoky Mountain Chapter of Tennessee Psychiatric Association, Knoxville, TN, October, 1991
- “Early Identification of Mental Illness” lecture, East Tennessee Education Association Eighty–Seventh Convention, Mental Illness Awareness Training for Teachers, Knoxville, TN, October 1991
- “Working with the Subconscious Mind” lecture, National Remotivation Therapy Organization, Knoxville, TN, October 1991
- Coordinator and Supervisor for University of Tennessee Family Practice Residents doing elective rotations at Lakeshore Mental Health Institute, Knoxville, TN, 1992–July 1996
- “Psychoanalytic Psychotherapy Part I and II” lectures, Continuing Medical Education, Lakeshore Mental Health Institute, Knoxville, TN, June 1993
- “Major Psychiatric Disorders” lecture, Clinical Pastoral Education students, Knoxville, TN, June 1993
- “Suicide/Violence, Risk Assessment and Management” lecture to a multidisciplinary group at Woodridge Psychiatric Hospital, Johnson City, TN, August, 1994
- “Violence, Prediction and Management” lecture, Continuing Medical Education, Lakeshore Mental Health Institute, Knoxville, TN, September 21, 1994

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- Part Organizer and Panelist, discussion of “How TennCare is Impacting Psychiatrist Prescribing Tendencies”, as presented to local mental health professionals, Knoxville, TN, March 20, 1995
- “The New Antipsychotic Medications” presentation to various mental health professionals, Knoxville, TN, February 1997
- Working with the University of Tennessee to obtain a grant from NIMH to study Psychiatry in Telemedicine, Knoxville, TN, 1999–2004
- “Mechanical Restraint Guidelines” presented to the Medical Staff and other key clinical staff at Lakeshore Mental Health Institute, April 20, 2001
- “The Aging Brain” presentation to the Rotary Club of Oak Ridge, Tennessee on May 31, 2001
- “Chemical Restraint and Physical Restraint” presentation to the Medical Staff and key clinical/administrative staff at Lakeshore Mental Health Institute, July 13, 2001
- “Depression and Violence”, presented on “Mental Health Matters” on the Tennessee Radio Network, August 2001
- Member of the Board of The Sertoma Center, Knoxville, Tennessee, 2001 – 2003
- “Dealing with Substance Abuse with General Hospital Patients and Family Members of Staff,” presentation to the Nursing Staff at Fort Sanders Regional Medical Center, October 2005
- “Post stroke psychiatric symptoms,” presentation to the staff of Patricia Neal Rehabilitation Center, Knoxville, TN, July 2006
- “Vascular Disease and psychiatric symptoms,” presentation to the general public on behalf of Patricia Neal Rehabilitation Center, Knoxville, TN, October 27, 2006
- “Encephalopathy and Delirium,” presentation to the medical staff and an assortment of other hospital staff members, Methodist Medical Center, Oak Ridge, TN, March 4, 2008
- “Encephalopathy and Delirium,” presentation to the medical and administrative staff of Fort Sanders Regional Medical Center, Knoxville, TN, August 25, 2008
- “Commitment Process and Patient Profile,” presentation to Physician Assistant students at South College, Knoxville, TN, May 1, 2009

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- “Caring for the Aging and the Elderly,” presentation at Cokesbury Methodist Church, Knoxville, TN, February 12, 2012
- “Encephalopathy and Delirium,” presentation to the medical staff and administration of Fort Sanders Regional Medical Center, Knoxville, TN, February 27, 2012
- “Encephalopathy and Delirium,” presentation to the medical staff, nursing and administration of Methodist Medical Center, Oak Ridge, TN, February 28, 2012 and March 7, 2012
- “Encephalopathy and Delirium,” presentation at the Smokey Mountain Chapter of Critical Care Nurses, Knoxville, TN, March 9, 2012
- Knoxville “Top Docs” selection; 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, and 2015, a peer voted selection process of City View Magazine
- “Encephalopathy and Delirium,” presentation at the Smokey Mountain Chapter of Critical Care Nurses, Knoxville, TN, March 8, 2013
- “Confounding Diagnoses in Workplace Injury Cases,” presentation at the Mid–South Workers’ Compensation Association – Knoxville Chapter, Knoxville, TN, November 15, 2013
- “Psychiatric Manifestations of Orthopedic Injuries,” including discussion of Complex Regional Pain Syndrome, presentation at the 2016 Spring Workers’ Compensation Conference – OrthoKnox Orthopedic Clinic, Knoxville, TN, April 27, 2016

## ***Associations and Societies:***

|                         |   |
|-------------------------|---|
| 1985–Present            | American Psychiatric Association                          |
| 1988–Present            | Tennessee Psychiatric Association                         |
| 1988–1994, 2013–Present | American Medical Association                              |
| 1988–1999               | Tennessee Medical Association                             |
| 1988–1999               | Knoxville Academy of Medicine                             |
| 2005.                   | American College of Physician Executives                  |
| 2017–Present            | The International Association of HealthCare Professionals |